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Carry On

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Stay Healthy on the Road With These 4 Hotel Juice Offerings

By Brooke Porter | Hotels + Resorts, Food + Drink, Trends, Health + Fitness | Comments



Juice Press in New York. Pressed Juicery in California. Another day, another juice bar. Over the last year, this all-liquid health food trend has captivated cities across the country—and hotels have been squeezing what they can out of it as well. A few of the latest offerings we've come across:

The Hotel Palomar San Francisco—home to the gluten-free mini bar—has teamed up with [Pressed Juicery](#), which recently opened its first San Francisco location. The “Pressed, Pampered & Purified” package includes six daily juices, a cleansing guide, cooler, and complimentary use of bikes. (If eschewing chewing in America’s best food city seems like torture, try drinking them just for breakfast and/or lunch.)

Meanwhile, guests at New York’s Dream Downtown can order room service from the just-opened [Melvin’s Juice Box](#), a Jamaican-inspired spot known for its organic blends like the Usain Bolt Immune Booster (apple, beets, ginger, garlic, carrots, vitamin C, spirulina, Echinacea, golden seal, B-complex, and banana).

In Florida, the Eau Palm Beach is launching a new “Jenn & Juice” program in December. A staff member (named Jenn, of course) recently shed 50 pounds on her own juice creations, and she’ll be making them on-site for guests. Come January, they’ll be part of a bigger detox package, which will also include fitness classes and spa treatments.

COMO Shambhala Estate in Bali has long been known for its cleansing programs, but its signature juice menu is now being rolled out at all COMO properties worldwide, including the newest spots in Miami, Phuket, and the Maldives. Options range from the veggie-heavy Liven up Your Liver (apple, spinach, cauliflower, broccoli, garlic, celery stalk, ginger, and turmeric) to the fruity Tropic-Aid (mango, young coconut water, papaya, orange, and lime).



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Photo courtesy of Hotel Palomar San Francisco